

NDRI School Health Program Series

NDRI recently conducted a school health awareness program in a school located within Lalitpur Metropolitan City. The program aimed to educate and raise awareness among school adolescents regarding the hazards of tobacco use and promote a healthy lifestyle. The program was conducted at Namuna Machendra Secondary School on 7th May 2024. The Tobacco Control Program team members actively conducted the programs. The target audience for this program comprised adolescents studying



in grade 8. This age group is found to be particularly vulnerable to experimenting with tobacco products, so it is crucial to provide them with accurate information and resources to make informed decisions about their health. By implementing school-based initiatives, NDRI aims to educate and empower adolescents to resist tobacco use. Through the TCP-School Health Program, NDRI plans to expand these programs to encompass ten schools within Lalitpur, amplifying its reach and influence in tobacco control efforts.

Pre-Budget Analysis Roundtable: A Strategic Discussion

On May 8th, 2024, NDRI's Economic Development Program (EDP) Team led by Dr. Rudra Suwal along with Dr. Deependra Rokaya (Senior Research Specialist, NDRI), Dr. Shankar Shrestha (Executive Director, NDRI) and Research Associates Ms. Salisha Raila and Anjana Lamichhane convened an initial meeting to plan a Press Meet/Release regarding the National Budget analysis program in which Dr. Sunil Babu Shrestha (Senior Research Specialist, NDRI), Dr. Nawa Raj Khatiwada (Senior Research Specialist, NDRI), and Ms. Ashma Aryal (Outreach and Communication Officer, NDRI) also participated. This event, which is scheduled soon after the National Budget Speech of May 28th, 2024, plans to host media representatives and share our (NDRI's) analysis of the budget's economic impact and implications.



NDRI Participates in Roundtable Discussion: Plastic Waste Management

On May 8th, 2024, a High-Level Roundtable Discussion on Plastic Waste Management Challenges and Solutions in Nepal was held at The Soltee Hotel as part of the policy advocacy process. The PLEASE Project convened a series of High-Level Roundtable Discussions on Plastic Waste Management in South Asia during 2024.

The goal of these multi-stakeholder events was to facilitate knowledge sharing about various ongoing interventions in this sector, aiming for greater synergies. The roundtable discussion was divided into three rounds, each with different themes:

- The theme of the first round was: Policy and regulatory matters related to plastic waste management (state sector representatives).
- The theme of the second round was: Initiatives by Bilateral & Multilateral Development Partners.
- The theme of the third round was: Showcasing work by corporate and civil society entities.

Participants in the event included representatives from the Government sector, Development partners, Corporate sector, and Research and academic sector. NDRI's Senior Research Specialist Dr. Nawa Raj Khatiwada was invited as a speaker for the third roundtable discussion. The longer term outcomes of this series of events are expected to be an informal mechanism for ongoing information sharing, dialogue and collaboration on plastic pollution interventions.



Working Towards a Successful Conclusion

The research team including the president of Nepal Development Research Institute (NDRI) Dr. Krishna Pahari, Senior Research Associate Mr. Rajendra Khatri, Research Associate Ms. Nirmita Shrestha and Ms. Kabita Yadav from the (NDRI) recently concluded their one-week fieldwork on May 11, 2024, as part of the "Post Distribution Monitoring Survey of Jajarkot Earthquake Response" project.



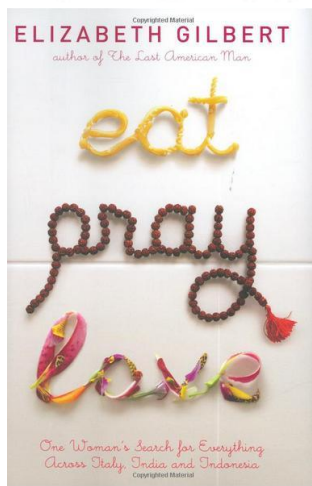
This endeavor focused on qualitative research /Quantitative Household survey conducted in the Jajarkot, Rukum West, and Salyan districts of the Karnali province of Nepal.

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The primary objective was to conduct a post-distribution monitoring (PDM) survey to assess the support received by affected families, their level of satisfaction, the effectiveness of relief distribution, and the identification of any complexities encountered during the first three months of operation.



This included the distribution of relief items, cash transfers, and other activities outlined in the Appeal document and Operation Strategies. Additionally, the team aimed to gather feedback from beneficiaries to inform future relief efforts in Nepal and beyond. By compiling this data and drawing insights, the team seeks to make recommendations for improving the efficiency and efficacy of relief operations.



Book Recommendation of the Week

★★★★☆ 3.63

Feel free to recommend books to our readers so that we can collectively enhance knowledge exploration.

Thought-provoking opinions

Three of a kind: Genes, mind and the gut

<https://thehimalayantimes.com/opinion/three-of-a-kind-genes-mind-and-the-gut>

It's a matter of Concern "Drying up spring water sources and wildfires"

<https://thehimalayantimes.com/opinion/its-a-matter-of-concern-drying-up-spring-water-sources-and-wildfires>



Dr. Sunil Babu Shrestha, Senior Research Specialist at NDRI presented two of his publications Emotion Pictures (भावना तस्विरहरु) and Imagination Garden (सम्झना-बगैचा) to NDRI library. NDRI would like to congratulate him for his publication.

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